Bio for Daliya Karnofsky, Actor/Creator, And She Bakes, LIVE.

Daliya Karnofsky performs live and on the web in her original YouTube baking series And She Bakes, seen most recently at the Hollywood Fringe Festival, and upcoming at FringeNYC presented by SoloNOVA Arts and the San Francisco Fringe Festival. She has also performed And She Bakes at the opening of NYC's Yotel, Sticky! at The Bowery Poetry Club, and Fresh Ground Pepper, among others. Daliya also performed live and on the web in the off-Broadway unscripted sitcom Naked in a Fishbowl (Cherry Lane, Edinburgh Fringe). Recent: Celia in the short film Hilde and Celia, directed by Dan Schimpf. Daliya has toured the world as a monologuist, and performed with NYC companies New York Theatre Workshop, Witness Relocation, Red Bull Theater, Les Freres Corbusier, la mama e.t.c., New York Neo-Classical Ensemble, and as a member of the T.S. Eliot US/UK Exchange with the Old Vic in London. Daliya has studied improv with Naked in a Fishbowl, The PIT, and The Piven Theatre Workshop in Evanston, Illinois. She received her BFA from NYU Tisch where she attended the Experimental Theatre Wing and Classical Studio, and her MFA from The New School for Drama.

Practical And She Bakes training includes a childhood under the mentorship of her mother, a profound cook and baker and psychologist with her own whole wheat bread company, and her father, a more rustic chef with his own cookie company. Daliya has had much time in the NYC food industry picking up tips and tricks, and spent a year as Head Baker, Recipe Developer, and Catering Coordinator for Milk and Cookies bakery in the West Village, before taking her skills to the stage for audience consumption. Her love and life advice are just gifts she has collected from years of New York City livin' and lovin', and always saying yes to adventure both in the kitchen and the world. Not that there's really any difference.

www.andshebakes.com, www.youtube.com/andshebakes11